AL-ANON LONGTIME MEMBER QUESTIONNAIRE FORM
FOR AREA USE

Look to the Past to Protect the Future

In keeping with the idea of "Looking to the Past to Protect the Future," this questionnaire helps Area Archivists gather and record valuable information and stories from longtime members who have been part of the program for 25 years or more.

Date _____

First Name: _____ Last Name or Initial: _____

Introduction to Al-Anon

- How did you first hear about Al-Anon?
- What were your expectations before attending your first meeting?
- Why did you start going to meetings?
- Did you face any challenges that made it difficult to attend meetings? If so, please describe.

Early Attendance

- What was the name and location of your original home group?
    - Who started the group?
    - When was the first meeting?
    - Where and how often were meetings held?
    - What was the meeting format (e.g., discussion topic, speaker, Step study, Traditions, literature study, beginner meeting)?
    - How many members attended and what were members' relationships to the alcoholic?
        - How many men?
        - How many women?
    - Does the group still meet?
        - Do you still attend this group? If not, what is your current home group?

- Share a moment when you first realized an Al-Anon principle was making a positive difference in your life.

Personal Experiences in Al-Anon

- How has your understanding of the program evolved over time?
- What are some of the things that have changed in your life since coming to Al-Anon? What has remained the same?
- How have you applied Al-Anon's Twelve Traditions in your personal life?
- Do you have family members in Al-Anon/Alateen or A.A.?
    - If so, what are their relationships to you?

Al-Anon's Image in Your Early Program Days

- Describe your first impression of Al-Anon.
- Did your group have any problems?
- What changes have taken place in the meetings you attend since you began attending Al-Anon?

Carrying the Message—Twelfth Step Work

- How did the group carry the message to attract new members?
- Did the group collaborate with local community agencies or professionals (e.g., ministers, doctors) to provide information about Al-Anon?
    - If so, which ones?
- How does outreach today differ from when you first joined?

Service to Al-Anon

- What service positions have you held over the years (group, District, Area, and WSO)?

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Sponsorship

- How did you choose your first Sponsor?
- Do you have a Sponsor today?
    - Is that person your original Sponsor?
        - If not, why did you change Sponsors?
- Do you sponsor others? How has your approach to sponsorship changed over time?
- What have you learned from someone you sponsored?

Alateen

- Was there an Alateen group nearby?
- Did your group support an Alateen group?
    - If so, how did your group encourage and assist Alateen?
- If you have children, did your children go to Alateen?
    - If yes, did your children continue in Al-Anon?

Alcoholics Anonymous (A.A.)

- Was there an A.A. group nearby? How did the Al-Anon group cooperate with A.A.?

Reflections

- What major changes in Al-Anon (locally or globally) stand out during your membership?
- Are there any notable events, conventions, or milestones you remember?
- What do you hope future members understand about early Al-Anon?
- What would you like to share with a new member today?
- Is there anything else you'd like to share?

Completed questionnaires may be shared with your Area Archives so these valuable stories can be preserved for future members.

This form may be photocopied and/or translated.